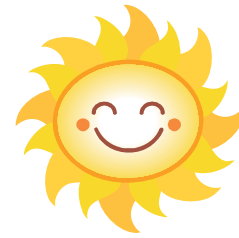


NORTHWOOD SUNSPOTS 2010



Board of Directors

Officers

President: Larry Hammond
Vice President: Jason Showe
Treasurer: Peter Perini
Secretary: Anna Roberts

Board Members

Bev Bergan	Membership
Lisa Winger	Membership
Meghan Holthaus	Membership
Jason Showe	Website/Publicity
Beth Forrest	Communications
Joe White	Pool & Grounds
Karl Sink	Pool & Grounds
Brenda Talbert	Programs
Ann Urner	Programs
Michelle Niebauer	Programs

Northwood Staff

Manager: Bill Bergan
Aquatics Director: Carly Jones
Tennis Instructor: Alex Persinger

Swim Team Coaches

Cassie Dobrzanski
Megan Jones
Tanner Beal

Lifeguards

Zach Abeles
Tanner Beal
Maria Bergan
Cassie Bushong
Carly Jones
Megan Jones
Emily Mowen
Mal Petty
Amelia Plank
Dominic Sink
Kelsey Smith
Kelly Toms



Note from the President

Welcome both NEW and Returning members to Northwood Pool for our 52nd year of fun and family togetherness. Your Northwood Pool Board of Directors, Management, and the Staff anticipate a very good year at the pool. There will be some minor changes throughout the pool this year starting with our new manager, Bill Bergan and a very good experienced Lifeguarding Staff. We would like to thank Beth Forrest for her many years as the Swim Team coach and she is still volunteering her efforts to support this years swim team, however, we have a new Swim Team Coach, Cassie Dobrzanski. Cassie started her swimming career at Northwood and continued for fifteen years of competitive swimming and now coaching.

Over the last several years membership has been decreasing for many different reasons and the Board of Directors have decided to actively pursue a membership drive called "Member get a Member Program". The program is designed to be a win/win situation where any current member that gets a new member to join the club in 2010 will get back \$100 from the pool as a thank you for helping increase the membership when that new member has fully paid their membership. You are not limited to one new member; instead you can get as many as you can.

Umbrellas have been a topic of concern for the last many years at the pool. Basically the umbrellas have become a disposable expense item costing the pool ~\$700 to ~\$900 a year to replace. Please be careful with the umbrellas during windy days as

they tip over and break. You are encouraged to bring your personal individual umbrellas that clip onto chairs.

We are prepared to have a very good year this summer with good programs for children and families along with an enjoyable adult night. Please enjoy the facility with your friends and families. Be safe and have a good summer.

Sincerely,
Larry Hammond

Pool Hours

OPENING WEEKEND

May 29, 2010
12:00 pm- 8:00 pm
May 30, 2010
12:00 pm- 8:00 pm
May 31, 2010
12:00 am- 8:00 pm

HOURS UNTIL SCHOOL CLOSSES

Monday-Sunday
12:00 pm-8:00 pm

REGULAR SCHEDULE

Beginning June after school
Weekdays 12 noon-8:00 pm
Weekends 12 pm-8:00 pm

REGULAR SCHEDULE

July, August and Sept
Weekdays 12 noon-9:00 pm
Weekends 12 pm-9:00 pm
All times are subject to weather



Welcome New Members

Northwood extends a warm welcome to all new members.

New members are encouraged to introduce themselves as new members at their first visit. They will be offered an introductory tour by either a staff member or board member. This is a great opportunity to ask questions about the Club's policies and programs.

PROGRAMS and EVENTS

Potluck/TGIS

(Thank Goodness It's Summer)

Saturday, June 12

A night for families to come out and get to know one another. More information will be posted at the pool.

4th of July Picnic-Sunday, July 4

This celebration is an all-day event with games and activities for everyone! We will provide chicken, chips and drinks, and ask that you provide a side dish or dessert to share. There will be lots of games to enjoy! Watch for specific details to be posted at the pool closer to the event.

Adult Night- June 26

8 pm- 11:00 pm

A night set aside for members and guests age 21 or over. Come out and get to know other adults at Northwood. More information will be posted at the pool.

Movie Night- August 7

Come out and enjoy an outdoor movie with the family.

Swim Lesson Schedule

Swim lessons will be held in two shifts. This allows for smaller class sizes and more one on one attention for the participants. The first group will run from 11am-11:30 am. The second group will be 11:30-12noon. The summer schedule is tentatively set up as follows:

Session 1 June 14- June 25
Signups June 12

Session 2 June 28- July 9
Signups June 26

Session 3 July 12- July 23
Signups July 10

Session 4 July 26- Aug 6
Signups July 24

NEW SWIM LESSON POLICY

This summer, Northwood will be implementing a new swim lesson policy. All sign ups for swim lessons must take place in person on the Saturday, at noon, before the session starts. A session is ten days, Monday thru Friday. You must be at the sign up in person to register your child. **NO PHONE CALLS WILL BE ACCEPTED.** Swim Lessons will now have a fee of \$10 per child per session. Payment must be made at time of registration. Spaces will be limited, if you cannot register in one session, you will be placed on a waiting list for the next session. You will not be refunded money due to cancellations on account of absences or inclement weather. In addition, parents will not be permitted at the pool during swimming lessons. Parents may wait until noon to go to the pool area. Due to lack of demand, we will not be having evening swimming lessons this year.

Swim Team News

Northwood competes in the Interstate Swim League. The summer season consists of Dual Meets, a Divisionals Meet, and All-Stars (qualifying times must be met).

Parent Meeting

On June 9 at 5:30 (rain or shine), there will be a parents' meeting at Northwood. Information about this season will be passed out, and information forms and payment will be collected. Parents will also be asked to sign up for the meets they wish to work, so please bring your calendar so you know when you are available.

Team Suits

Metro Swim Shop will be at the pool for team suits try-on June 9 at 5:30. Payment is due at the time of purchase.

Swim Team Charges

This year there will be a charge of \$30 for each child on the swim team. This money is being collected to offset the league charges. Please make check payable to Northwood Club Inc. and be prepared to pay at the Parent Meeting on June 9.

Parent's Responsibilities

All parents are responsible for supervising their children during swim meets. Northwood does not approve of improper behavior or conduct at any team function. Northwood is obligated to pay insurance for every participating member of the swim team; therefore, we encourage you to think seriously about the commitment involved

before you sign up for the team. Attendance at all swim meets is strongly encouraged, and if a swimmer is unable to attend a meet, it is your responsibility to record this message in the coaches' log (located at the office) as soon as possible.

Volunteers Needed

Parents are required to sign up to work at least 2 swim meets (Families with more than one swimmer may be needed for more than 2 meets).

Positions needed are:

- Officials (must be certified)
- Computer (training required)
- Ribbons
- Timers
- Runners
- Concessions

Practice Schedule

May 31 - June 9 6:00 – 7:00 pm

Beginning June 9 –End of Season(M-F)

8:00 am - 9:30 am

9:30 am – 11:00 am

Tues./Thurs. 5:00 pm

Meet Schedule

June 17 Fountainhead at NW
Warmups 5:00pm Meet 6:00pm

June 21 Martinsburg at NW
Warmups 5:00pm Meet 6:00pm

June 26 NW at HAGY
Warmups 9:30 Meet 10:00pm

July 2 Mercersburg at NW
Warmups 5:00pm Meet 6:00pm

July 6 Fountainhead at NW
Warmups 5:00pm Meet 6:00pm

July 8 NW at Martinsburg
Warmups 5:30pm Meet 6:00pm

July 13 Jefferson Park at NW
Warmups 5:00pm Meet 6:00pm

July 18 Divisionals at HAGY

July 25 All-Stars at WAY

TENNIS

The tennis instructor this year will be Alex Persinger.

Youth lessons for beginners will be on weekdays.

Beginners: 8:00-9:00am

Intermediate 9:30-10:30am

Advanced 11:00-12:00noon

New Tennis Policy

This Summer, Northwood will be implementing a new tennis lesson policy. All sign ups for tennis lessons must take place in person on the Saturday, at noon, before the session starts. A session is ten days, Monday thru Friday. You must be at the sign up in person to register your child. NO PHONE CALLS WILL BE ACCEPTED.

Tennis Lessons will now have a fee of \$10 per child per session. Payment must be made at the time of the registration. Spaces will be limited, if you cannot register in one session, you will be placed on a waiting list for the next session. You will not be refunded money due to cancellations on account of absences or inclement weather. In addition, parents will not be permitted on the tennis courts during lessons. Parents may wait in the grass parking lot until lessons are over.

Tennis Court Reminders

Please remember that only smooth soled tennis shoes are allowed on the courts. A shirt and shoes must be worn at all times. In addition, the courts are to be used for tennis activities and not as playgrounds.

Tennis Keys

The tennis key only allows you to enter through the tennis court gate when the pool is closed. Any time the pool is open, a member must enter through the main entrance and register as they would if entering the pool. This allows us to keep an accurate account of who is on the property during operating hours. Tennis keys can be obtained from Bill Bergan for a fee of \$10 cash or check. Money must be paid at time of key pickup. No billing will be done this year for tennis keys.



Membership Cards

This year we continue to keep membership cards at the front desk. It is VERY IMPORTANT that you check in upon your arrival and check out upon your departure so that the staff has an accurate account for how many members are present at a given time. No member will be permitted to enter without their membership card filled out in its entirety (INCLUDING EMERGENCY INFO. AND PHOTO).

CHILD CARE PROVIDER

Child care provider card applications are available at the office. A new form must be filled out each year and a new card issued for child care providers. Child care cards allow a babysitter to visit the pool with the child between the hours of 12:00 noon to 5:00pm, Monday through Saturday. For more information, see Bill Bergan.

DEEP END POLICY

Northwood will continue to enforce their deep end policy. This policy includes several ability tests set forth to ensure safety. In order to enter the deep end, a swimmer must be able to swim a length of the pool without stopping and tread water for 2 minutes. Swimmers 10 years and younger will need to pass that test annually. Swimmers 11 and older may be asked to pass that test at the discretion of the lifeguard. No one will be permitted to catch a child or adult when they jump from the diving board or go down the slide tube.

Bylaws

If you would like a copy of Northwood's Bylaws, or Rules and Regulations, please stop by the desk or go to the website.

Smoking/Alcohol

We are a smoke free and alcohol free club. Smoking and consumption of alcohol is not permitted anywhere on the premises including the parking lot. Thank you for helping us make this a healthy environment.

Northwood Online

Be sure to sign up on Northwood's website. The web address is www.northwoodpool.com. This is the primary source of information this year. Signing up insures that you are informed of the most up to date information available.