



## Note from the President

Welcome both NEW and Returning members to Northwood Pool for our 53rd year of fun and family togetherness. Your Northwood Pool Board of Directors, Management, and the Staff anticipate a very good year at the pool. We had a very good year in 2010 and we are anticipating another great year in 2011. Bill Bergan is returning as our Pool manager and he has another very good experienced Lifeguarding Staff. We do have a new Swim team coach this year in Megan Jones. Megan has been a swim team helper for the past many years and looks forward to her new responsibility. Megan wants the swimmers to learn the swimming strokes and to better themselves each time in the water. Most of all the swimmers should have fun.

Our Tennis instructor Bob Stanbaugh is also back for another year of Tennis instructions. Bob is a certified tennis instructor and enjoyed his teaching and training last year at Northwood Pool.

Over the last several years membership has been decreasing for many different reasons and the Board of Directors have decided to actively pursue a membership drive called "Member get a Member Program". The program is designed to be a win/win situation where any current member that gets a new member to join the club in 2011 will get back \$100 from the pool as a credit, as a thank you for helping increase the membership when that new member has fully paid their membership. You are not limited to one new member; instead you can get as many as you can.

Umbrellas have been a topic of concern for the last many years at the pool. Basically the umbrellas have become a disposable expense item costing the pool ~\$700 to ~\$900 a year to replace. Please be careful with the umbrellas during windy days as they tip over and break. You are encouraged to bring your personal individual umbrellas that clip onto chairs.

We are prepared to have a very good year this summer with good programs for children and families along with an enjoyable family night. Please enjoy the facility with your friends and families. Be safe and have a good summer.

Sincerely,  
Larry Hammond

## Pool Hours

### OPENING WEEKEND

May 28, 2010

12:00 pm- 8:00 pm

May 30, 2010

12:00 pm- 8:00 pm

May 31, 2010

12:00 am- 8:00 pm

### HOURS UNTIL SCHOOL CLOSES

Monday- Sunday

12:00 pm- 8:00 pm

### REGULAR SCHEDULE

Monday-Sunday

(Beginning June 3)

12 noon-9:00 pm



## **Welcome New Members**

Northwood extends a warm welcome to all new members.

New members are encouraged to introduce themselves as new members at their first visit. They will be offered an introductory tour by either a staff member or board member. This is a great opportunity to ask questions about the Club's policies and programs.

## **Membership Cards**

This year we continue to keep membership cards at the front desk. It is VERY IMPORTANT that you check in upon your arrival and check out upon your departure so that the staff has an accurate account for how many members are present at a given time. No member will be permitted to enter without their membership card filled out in its entirety (INCLUDING EMERGENCY INFO. AND PHOTO).

## **CHILD CARE PROVIDER**

Child care provider card applications are available at the office. A new form must be filled out each year and a new card issued for child care providers. Child care cards allow a babysitter to visit the pool with the child between the hours of 12:00 noon to 5:00pm, Monday through Saturday. For more information, see Bill Bergan.

## **DEEP END POLICY**

Northwood will continue to enforce their deep end policy. This policy includes several ability tests set forth to ensure safety. In order to enter the deep end, a swimmer must be able to swim a length of the pool without stopping and tread water for 2 minutes. Swimmers 10 years and younger will need to pass that test annually. Swimmers 11 and older may be asked to pass that test at the discretion of the lifeguard. No one will be permitted to catch a child or adult when they jump from the diving board or go down the slide tube.

## **Bylaws**

If you would like a copy of Northwood's Bylaws, or Rules and Regulations, please stop by the desk or go to the website.

## **Smoking/Alcohol**

We are a smoke free and alcohol free club. Smoking and consumption of alcohol is not permitted anywhere on the premises including the parking lot. Thank you for helping us make this a healthy environment.

## **Northwood Online**

**Be sure to sign up on Northwood's website. The web address is [www.northwoodpool.com](http://www.northwoodpool.com). This is the primary source of information. Signing up insures that you are informed of the most up to date information available including online notifications when new information is added to the website.**

# **PROGRAMS and EVENTS**

**Family Night and TGIS**      **Saturday, June 11**  
(Thank Goodness It's Summer)

A night for families to come out and get to know one another. More information will be posted at the pool.

**4<sup>th</sup> of July Picnic**      **Monday, July 4**

This celebration is an all-day event with games and activities for everyone! We will provide chicken, chips and drinks, and ask that you provide a side dish or dessert to share. There will be lots of games to enjoy! Watch for specific details to be posted at the pool closer to the event.

**Family Night**      **August 13th**

Enjoy a night out with new found friends and family. More information will be posted at the pool.



# Swim Lessons

Swim lessons will be held in two shifts. This allows for smaller class sizes and more one on one attention for the participants. The first group will run from 11am-11:30 am. The second group will be 11:30-12noon. . The summer schedule is tentatively set up as follows:

**Session 1    June 13- June 24**

**Signups    June 11**

**Session 2    June 27- July 8**

**Signups    June 25**

**Session 3    July 11- July 22**

**Signups    July 9**

## **NEW SWIM LESSON POLICY**

**This summer, Northwood will be implementing a new swim lesson policy. All sign ups for swim lessons must take place in person on the Saturday, at noon, before the session starts. A session is ten days, Monday thru Friday. You must be at the sign up in person to register your child. NO PHONE CALLS WILL BE ACCEPTED. Swim Lessons will now have a fee of \$10 per child per session. Payment must be made at time of registration. Spaces will be limited, if you cannot register in one session, you will be placed on a waiting list for the next session. You will not be refunded money due to cancellations on account of absences or inclement weather. In addition, parents will not be permitted at the pool during swimming lessons (Red Cross Suggestion and a Northwood Policy). Parents may wait until noon to go to the pool area. Due to lack of demand, we will not be having evening swimming lessons this year.**

# Swim Team

## Parent Meeting/Team Suit Try-ons

On June 1 at 5:00 (rain or shine), there will be a parents' meeting at Northwood. Information about this season will be passed out, and information forms and the \$30 registration fee will be collected. Checks should be made payable to Northwood Club, Inc. Parents will also be asked to sign up to work at least 2 swim meets, so bring your calendar so you know when you are available.

Metro Swim Shop will be at the pool for team suits try-on June 1 at 5:00. Payment is due at the time of purchase.

## Parent's Responsibilities

All parents are responsible for supervising their children during swim meets. Northwood does not approve of improper behavior or conduct at any team function. Northwood is obligated to pay insurance for every participating member of the swim team; therefore, we encourage you to think seriously about the commitment involved before you sign up for the team. Attendance at all swim meets is strongly encouraged, and if a swimmer is unable to attend a meet, it is your responsibility to record this message in the coaches' log (located at the office) as soon as possible.

## Volunteers Needed

Parents are required to sign up to work at least 2 swim meets (Families with more than one swimmer may be needed for more than 2 meets). Positions needed are:

- Officials (must be certified)
- Computer (training required)
- Ribbons
- Timers
- Runners
- Concessions

## Practice Schedule

Beginning June 3 –End of Season(M-F)

- 8:30 am - 9:30 am
- 9:45 am – 10:45 am
- 6:00 pm – 7:00 pm

## Meet Schedule

June 15	Martinsburg at NW	Warmups 5:00pm	Meet 6:00pm
June 22	Fountainhead and FOX at NW	Warmups 5:00pm	Meet 6:00pm
June 28	HAGY at NW	Warmups 5:00pm	Meet 6:00pm
June 30	NW at Jefferson Park	Warmups 5:30pm	Meet 6:00pm
July 6	NW at Mercersburg	Warmups 5:30pm	Meet 6:00pm
July 16	Divisionals at Mercersburg		
July 23	All-Stars at HAGY		

# TENNIS

The tennis instructor this year will be Bob Stambaugh

Youth lessons for beginners will be on weekdays.

Beginners: 8:00-9:00am

Intermediate 9:30-10:30am

Advanced 11:00-12:00noon

Adult tennis Lessons will be in the evenings and announced at a later time.

## New Tennis Policy

**This Summer, Northwood will be implementing a new tennis lesson policy. All sign ups for tennis lessons must take place in person on the Saturday, at noon, before the session starts. A session is ten days, Monday thru Friday. You must be at the sign up in person to register your child. NO PHONE CALLS WILL BE ACCEPTED.**

**Tennis Lessons will now have a fee of \$10 per child per session. Payment must be made at the time of the registration. Spaces will be limited, if you cannot register in one session, you will be placed on a waiting list for the next session. You will not be refunded money due to cancellations on account of absences or inclement weather. In addition, parents will not be permitted on the tennis courts during lessons. Parents may wait in the grass parking lot until lessons are over.**

## Tennis Court Reminders

Please remember that only smooth soled tennis shoes are allowed on the courts. A shirt and shoes must be worn at all times. In addition, the courts are to be used for tennis activities and not as playgrounds.

## Tennis Keys

The tennis key only allows you to enter through the tennis court gate when the pool is closed. Any time the pool is open, a member must enter through the main entrance and register as they would if entering the pool. This allows us to keep an accurate account of who is on the property during operating hours. Tennis keys can be obtained from Bill Bergan for a fee of \$10 cash or check. Money must be paid at time of key pickup. No billing will be done this year for tennis keys.

